



New Westminster Community Food Action Committee

Union Gospel Mission - 658 Clarkson Street (near 6th Street & Columbia)

Monday to Friday Drop-in 8:30am-12 noon

breakfast/soup

Vegetables/fruit/breads to take away

The Salvation Army - 325 6th Street

Saturdays- brunch at 10:00am

Sundays – meal at 12:45pm

FREE Bread-Monday-Friday 9:00-11:30am (around back)

Emergency Food – call 604-521-2421, make appointment. Not available on Tuesdays & Wednesdays.

Queen's Avenue United -529 Queen's Avenue

Wednesdays- 11:30-1:00pm lunch

Holy Trinity Cathedral -514 Carnarvon Street

(6th Street & Carnarvon)

Thursdays -8:00am-9:00am breakfast

St. Barnabas Anglican Church- 1010-5th Avenue

(10th Street & 5th Avenue)

Thursdays 11:00am-12 Noon- lunch

Fridays -Emergency Food Cupboard – 10:00am to 12 Noon

New Westminster Food Bank

(corner of 6th Ave. & 12th Street)

Tuesdays- for those whose last name start is from A to L -11:00AM to 12 noon.

Wednesdays- for those whose last name is from M to Z -11:00AM-12 noon. Food Bank is closed on all Statutory Holidays.

Compiled by Kimberly Hayek, The Hospitality Project, Operation Food Justice Society (March 2011)

For more information on the *New Westminster Community Food Action Committee*, please contact Betina Ali, co-chair, at betinaal@yahoo.com or visit the committees Google Group at:

<http://groups.google.ca/group/new-westminster-community-food-action?hl=en>