

# FOOD RESOURCES CALENDAR – Updated January 11, 2021

|                     | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   | Sunday  |
|---------------------|--|---|--|---|--|--|---|
| <b>Breakfast</b>    | <b>UGM</b><br>658 Clarkson Street<br>Takeout hot breakfast<br><b>8:30-9:30am</b>   | <b>UGM</b><br>658 Clarkson Street<br>Takeout hot breakfast<br><b>8:30-9:30am</b>  | <b>UGM</b><br>658 Clarkson Street<br>Takeout hot breakfast<br><b>8:30-9:30am</b>   | <b>UGM</b><br>658 Clarkson Street<br>Takeout hot breakfast<br><b>8:30-9:30am</b>  | <b>UGM</b><br>658 Clarkson Street<br>Takeout hot breakfast<br><b>8:30-9:30am</b>   | <b>Salvation Army</b><br>325 Sixth street<br>Takeout breakfast<br><b>10:00am</b><br><br><b>Holy Trinity Cathedral,</b><br>514 Carnarvon<br>Takeout brunch<br><b>11am to noon</b> |   |
| <b>Lunch</b>        | <b>UGM 658 Clarkson</b><br>Bagged lunch<br><b>11:00am-12:00pm</b><br><br><b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>11:00am-12:00pm</b> | <b>UGM 658 Clarkson</b><br>Bagged lunch<br><b>11:00am-12:00pm</b><br><br><b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>11:00am-12:00pm</b>              | <b>UGM 658 Clarkson</b><br>Bagged lunch<br><b>11:00am-12:00pm</b><br><br><b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>11:00am-12:00pm</b> | <b>UGM 658 Clarkson</b><br>Bagged lunch<br><b>11:00am-12:00pm</b><br><br><b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>11:00am-12:00pm</b>              | <b>UGM 658 Clarkson</b><br>Bagged lunch<br><b>11:00am-12:00pm</b><br><br><b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>11:00am-12:00pm</b>               | <b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>11:00am-12:00pm</b>  | <b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>11:00am-12:00pm</b>   |
| <b>Dinner</b>       | <b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>5:00-7:30pm</b>  | <b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>5:00-7:30pm</b><br><br><b>Century House</b><br>620 Eighth Street<br>Take-Away Meals<br><b>4:00-5:00pm</b> | <b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>5:00-7:30pm</b>  | <b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>5:00-7:30pm</b><br><br><b>Century House</b><br>620 Eighth Street<br>Take-Away Meals<br><b>4:00-5:00pm</b> | <b>St. Vincent de Paul, Honeymoon Suite,</b><br>Alexander St.<br><b>4:00-5:00pm</b><br><br><b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>5:00-7:30pm</b> | <b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>5:00-7:30pm</b>  | <b>Gurdwara</b><br>347 Wood Street<br>Take-out hot meal<br><b>5:00-7:30pm</b><br><br><b>Aunt Leah's</b><br>816 20 <sup>th</sup> Street<br>Take-out<br>Christmas dinner<br><b>3:00-4:00pm</b><br>Food Hampers<br>Youth 15 - 25 yrs.<br><b>3:20pm</b> |
| <b>Food Hampers</b> | <b>Muslim Food Bank, 604-464-6750 (Arabic &amp; English). Register Online <a href="http://www.muslimfoodbank.com">www.muslimfoodbank.com</a></b>           |   |  |   |  |  |   |

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|----------------------------|--|---|--|---|---|--|--|
| <b>Food Hampers</b>        | <p><b>Salvation Army</b><br/>325 Sixth Street<br/>Existing clients. New clients call for intakes 604-521-2421.<br/><b>Food Bank</b><br/><b>1:00pm -2:00pm</b></p> <p><b>Quest (members)</b><br/>7753 6th Street<br/>604-553-0636<br/>Low-cost groceries<br/><b>Mondays from</b><br/><b>9am-4:15pm</b></p> <p><b>Purpose Society Hamper Program</b><br/>Delivery or pick-up.<br/>Call Ashley to register at 604-526-2522.</p> | <p><b>Salvation Army</b><br/>325 Sixth Street<br/>Existing clients. New clients call for intakes 604-521-2421.<br/><b>Food Bank</b><br/><b>1:00pm -2:00pm</b></p> <p><b>Quest (members)</b><br/>7753 6th Street<br/>604-553-0636<br/>Low-cost groceries<br/><b>Tuesday to Friday</b><br/><b>9am-6:15pm</b></p> <p><b>Purpose Society Hamper Program</b><br/>Delivery or pick-up.<br/>Call Ashley to register at 604-526-2522.</p> | <p><b>Salvation Army</b><br/>325 6th Street<br/><b>Bread and Milk</b><br/><b>12:00-1:00 pm</b></p> <p><b>Quest (members)</b><br/>7753 6th Street<br/>604-553-0636<br/>Low-cost groceries<br/><b>Tuesday to Friday</b><br/><b>9am-6:15pm</b></p> <p><b>Purpose Society Hamper Program</b><br/>Delivery or pick-up.<br/>Call Ashley to register at 604-526-2522.</p> | <p><b>Greater Vancouver Food Bank</b><br/>Olivet Church<br/>(613 Queens Avenue )<br/><b>9:30am -12:30pm</b></p> <p><b>Quest (members)</b><br/>7753 6th Street<br/>604-553-0636<br/>Low-cost groceries<br/><b>Tuesday to Friday</b><br/><b>9am-6:15pm</b></p> <p><b>Purpose Society Hamper Program</b><br/>Delivery or pick-up.<br/>Call Ashley to register at 604-526-2522.</p> | <p><b>St. Barnabas</b><br/>Grab &amp; Go Hamper<br/>1010 5<sup>th</sup> Avenue<br/><b>10am – Noon</b><br/><i>Seniors &amp; PWD 10am – 10:30am</i></p> <p><b>Salvation Army</b><br/>325 Sixth Street<br/><b>Food Bank</b><br/><b>1:00pm -2:00pm</b></p> <p><b>Purpose Society, (Behind Building)</b><br/>Alexander St.<br/><b>Food Distribution</b><br/><b>12:00pm – 2:00pm</b></p> <p><b>Purpose Society Hamper Program</b><br/>Delivery or pick-up.<br/>604-526-2522.</p> <p><b>Quest (members)</b><br/><b>Tuesday to Friday</b><br/><b>9am-6:15pm</b></p> | <p><b>St. Aidan’s</b><br/>Food Hampers<br/>1320 7<sup>th</sup> Avenue<br/><b>12:30 - 1:00 pm</b></p> <p><b>Knox Church</b><br/>Food Hampers<br/>403 E. Columbia<br/><b>1:30 – 2:00 pm</b></p> <p><b>Holy Spirit Church</b><br/>Food Hampers<br/>244 Lawrence St.<br/><b>1:30 – 2:00 pm</b></p> <p><b>Quest (members)</b><br/>7753 6th Street<br/><b>9am - 4:15pm</b></p> |  |
| <b>Mobile Food Program</b> | <p><b>Purpose Health Van</b><br/>604-351-1885<br/><b>6:00pm – 1:00am</b><br/><b>Food and snacks</b></p>  | <p><b>Purpose Health Van</b><br/>604-351-1885<br/><b>4:30pm-5:30pm</b><br/><b>Hot Meal (veg)</b></p>  | <p><b>Purpose Health Van</b><br/>604-351-1885<br/><b>6:00pm – 1:00am</b><br/><b>Food and snacks</b></p>  | <p><b>Purpose Health Van</b><br/>604-351-1885<br/><b>4:30pm-5:30pm</b><br/><b>Hot Meal (veg)</b></p>  | <p><b>Purpose Health Van</b><br/>604-351-1885<br/><b>6:00pm – 1:00am</b><br/><b>Food, snacks and sandwiches</b></p>   | <p><b>Purpose Health Van</b><br/>604-351-1885<br/><b>4:30pm-5:30pm</b><br/><b>Hot Meal (veg)</b></p>   | <p><b>Purpose Health Van</b><br/>604-351-1885<br/><b>4:30pm-5:30pm</b><br/><b>Hot Meal (veg)</b></p> |